

SALOMON ULTRA PIRINEU

100K



**SALOMON
ULTRA PIRINEU**

BRIEFING 2026

Marking and signalling

The SALOMON ULTRA PIRINEU 100K® 2026 course is marked with:



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BRIEFING 2026

SUP100K



FLAGS



REFLECTIVE STRIPES



All runners, without exception, must ensure that they carry at least all the equipment listed as mandatory on the website in order to take part in the race.

An item being mandatory means that the runner must carry it at all times, although it does not necessarily have to be worn and may therefore be kept in their backpack.

Equipment checks may be carried out on all runners or at random, at any point along the course, including the start and finish.

On Friday 2 October, subject to the final weather report, we will announce whether any of the items on the list are no longer mandatory.

Mandatory equipment

Required technical gear

MORE INFORMATION

For more information about required and recommended technical gear:

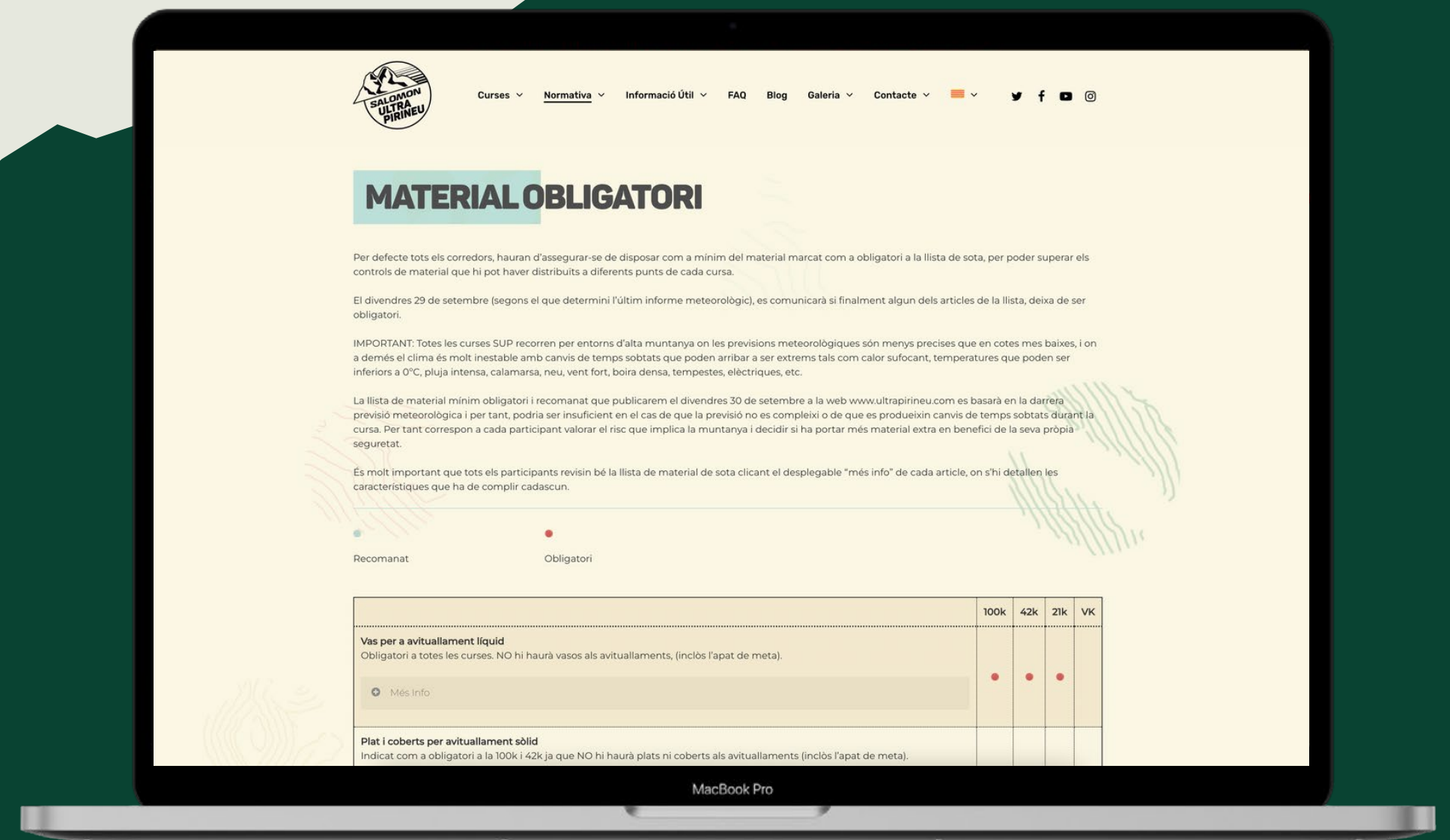
ultrapirineu.com/en/regulation/required-technical-gear/

On Friday 2 October (subject to the final weather report), we will announce whether any item on the list is no longer mandatory.



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Ultra Pirineu App



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THROUGH THE OFFICIAL APP YOU CAN:

- Refer to the official programme.
- Geolocate offline maps of Bagà and the race points.
- Find information and locations of services for runners and spectators.

Available for iOS and Android



**IMPORTANT! DOWNLOAD THE APP
BEFORE ARRIVING IN BAGÀ TO AVOID
COVERAGE PROBLEMS!**



Race assistance



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AUTHORIZED EXTERNAL ASSISTANCE POINTS AND RECOMMENDED SPECTATOR POINTS

To prevent congestion on forest tracks and roads, participants may **ONLY** receive external personal assistance at authorized aid stations with easy access and designated parking. At all other aid stations and anywhere else along the course, assistance will be **PENALIZED** as stated in the regulations.



Authorized external
assistance points

PENALTY

Receiving external personal assistance anywhere along the route or at unauthorized aid stations.

1st warn: 15 minutes
2nd warn: disqualification

Except at the Gósol aid station, at all other aid stations where assistance is authorized, the assistant may be any person and does not need identification or a wristband.



INICI D'ASSISTÈNCIA
INICIO DE ASISTENCIA
FEED ZONE START

BETWEEN 50-100
METERS AROUND
EACH AID STATION



INICI D'ASSISTÈNCIA
INICIO DE ASISTENCIA
FEED ZONE START

AUTHORIZED EXTERNAL ASSISTANCE POINTS
AND RECOMMENDED SPECTATOR POINTS

The **tents** and **sports halls** used for aid stations will be restricted exclusively to runners and will not be accessible to the public or the runners' support crews.

Race assistance



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Assistance in Gósol



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WRISTBAND

ASSISTANCE CREW ACCESS

The **GÓSOL ASSISTANCE AREA** will be located outside and separated from the aid station tent.

Assistance crews will not be able to enter the aid station. **They may enter this area with the wristband** provided to each runner during race bib collection, but under no circumstances may they enter the area reserved for runners.



WRISTBAND COLLECTION

During race bib collection, **each runner may request 1 wristband** so that their assistance crew can access the ASSISTANCE AREA. Access will only be permitted once the Organization has verified that the runner has passed the previous checkpoint (Prat d'Aguiló) and is expected to reach the Gósol checkpoint within 30 minutes according to the LiveInfo app.

Once the runner leaves the **GÓSOL ASSISTANCE AREA**, their assistance crew must also leave immediately.

Public and assistants



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GETTING THERE BY CAR

The only race points accessible by car and with designated parking are:

Race point	How to get there?
U2 - Niu (Intermitja)	Park at the La Molina cable car offices, where round-trip cable car tickets to Niu de l'Àliga can be purchased.
U3 - Serrat	Vehicle access towards Serrat from Riu de Cerdanya will be regulated to prevent congestion.
U6 - Gósol	Parking will be available in Gósol.
U7 - Estasen	Parking will be available in Saldes, where the Saldes–Estasen ULTRA BUS service departs.

Public and assistants



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GETTING THERE BY BUS



**EXCLUSIVE SERVICE
ON 3 OCTOBER**

ultrapirineu.com/en/useful-information/public-and-assistants/



Public and assistants



LINE 1 - BAGÀ - LA MOLINA - BAGÀ

Bagà departure	La Molina arrival	La Molina departure	Bagà arrival
05:40h	06:20h	06:30h	07:10h
07:20h	08:00h	08:20h	09:00h
09:10h	09:50h	10:30h	11:10h
11:20h	12:00h	14:20h	15:00h

More information, fares and ticket purchase at <https://ultrapirineu.com/en/useful-information/public-and-assistants/>



Public and assistants



GETTING THERE BY BUS

LINE 2 - BAGÀ - SALDES - GÓ SOL - SALDES - BAGÀ

Bagà departure	Saldes arrival	Saldes departure	Gó Sol arrival
10:00h	-	-	10:45h
12:00h	12:35h	12:40h	12:55h
14:00h	14:35h	14:40h	14:55h
16:00h	16:35h	16:40h	16:55h
18:00h	18:35h	18:40h	18:55h
20:00h	20:35h	20:40h	20:55h

Gó Sol departure	Saldes arrival	Saldes departure	Gó Sol arrival
10:50h	11:05h	11:05h	11:45h
13:00h	13:15h	13:15h	13:55h
15:00h	15:15h	15:15h	15:55h
17:00h	17:15h	17:15h	17:55h
19:00h	19:15h	19:15h	19:55h
21:00h	21:15h	21:15h	21:55h



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More information, fares and ticket purchase at
<https://ultrapirineu.com/en/useful-information/public-and-assistants/>

Public and assistants



GETTING THERE BY BUS

LINE 3 - SALDES - ESTASEN - SALDES

Saldes departure	Estasen arrival	Estasen departure	Saldes arrival
11:00h	11:15h	11:45h	12:00h
12:00h	12:15h	12:45h	13:00h
13:00h	13:15h	13:45h	14:00h
14:00h	14:15h	14:45h	15:00h
15:00h	15:15h	15:45h	16:00h
16:00h	16:15h	16:45h	17:00h
17:00h	17:15h	17:45h	18:00h
18:00h	18:15h	18:45h	19:00h
19:00h	19:15h	19:45h	20:00h
20:00h	20:15h	20:45h	21:00h

More information, fares and ticket purchase at <https://ultrapirineu.com/en/useful-information/public-and-assistants/>



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Let's take care of nature



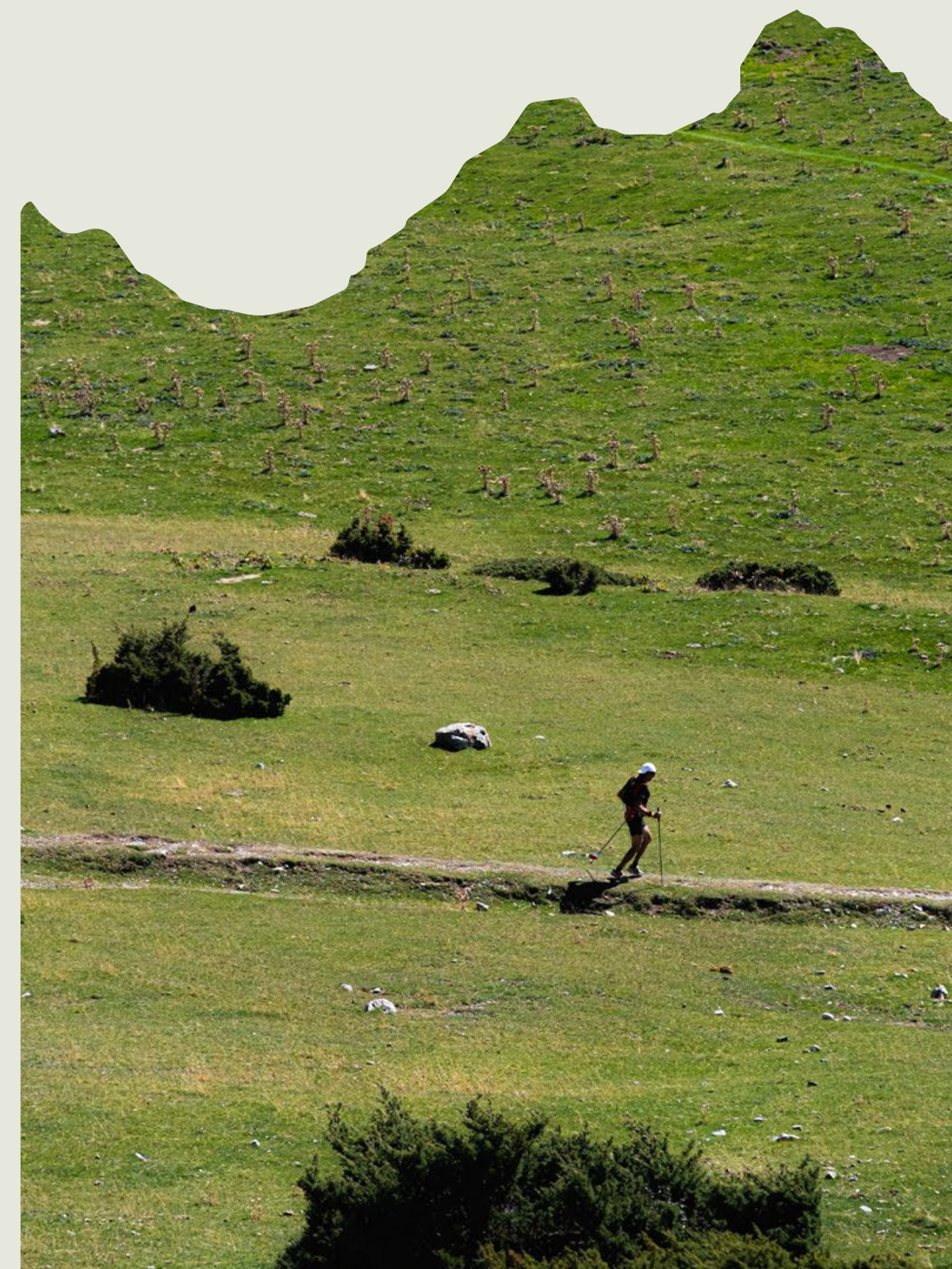
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RECOMMENDATIONS FROM THE CADÍ-MOIXERÓ NATURAL PARK

The Cadí Moixeró Natural Park requests all runners to always take into consideration the following points at any time:

- Always stay on the track
- Try to leave the mountain cleaner than when you found it
- Take some distance from the animals and do not touch them
- Dogs & flock: circle around the flock (never cross it)
- Help and aid other runners along the way
- We should pass through without damaging the wires crossing the paths
- Please dig a small hole with your heel and defecate inside, then cover your excrements and any paper used
- Knowing and enjoying nature is the first step to loving and respecting it
- It is forbidden to fly drones without the authorization of the Natural Park
- If you go with a dog, it is mandatory to keep it on a leash



Drop bag

MORE INFORMATION



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Each runner will receive, together with their race bib, a bag in which they may place any equipment they think they may need in Gósol (km 61).

The drop bag may be filled and handed in at the Bagà sports hall during race bib collection on Friday, or on Saturday morning between 4:00 and 5:00, just before the start.

The Organization will not check whether the bag is properly closed or what equipment it contains, either when it is handed in at Bagà or in Gósol. Therefore, the Organization will not accept claims for loss of or damage to equipment contained in the bags.



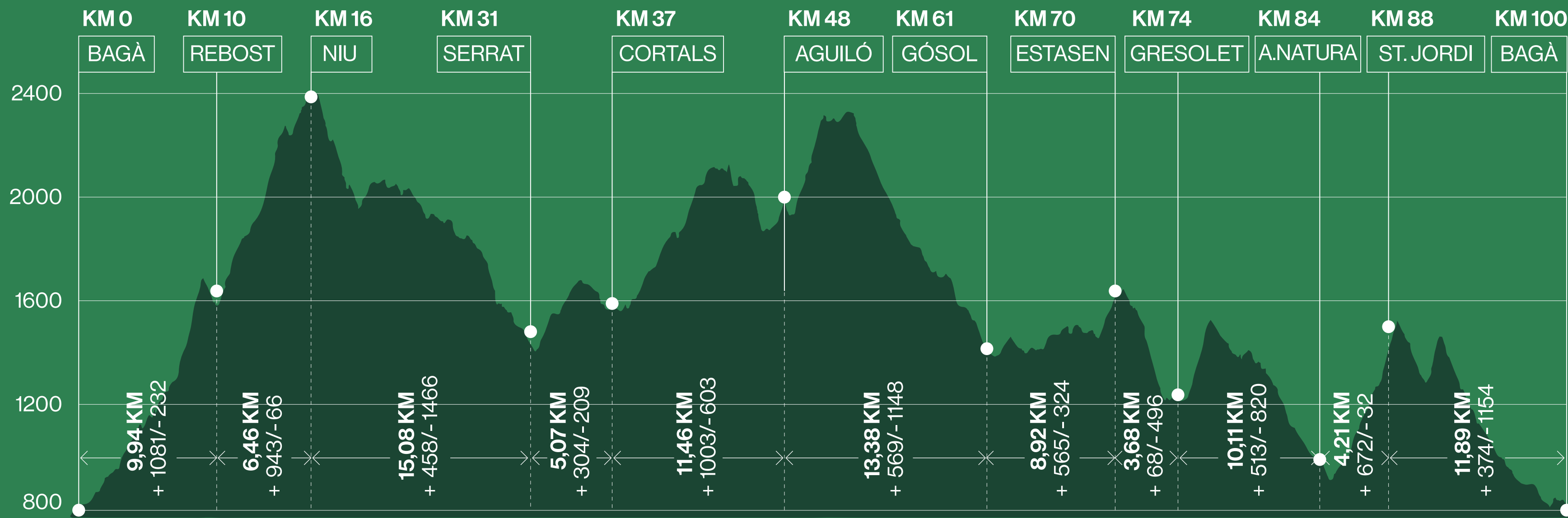
Route and profile



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TOTAL DISTANCE: 100K | POSITIVE ELEVATION: 6600M



Waste management



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WHERE SHOULD I DISPOSE MY WASTE IN THE AID STATIONS DURING THE RACE?



**PLASTIC
CONTAINERS**



ORGANIC



Drop-out points

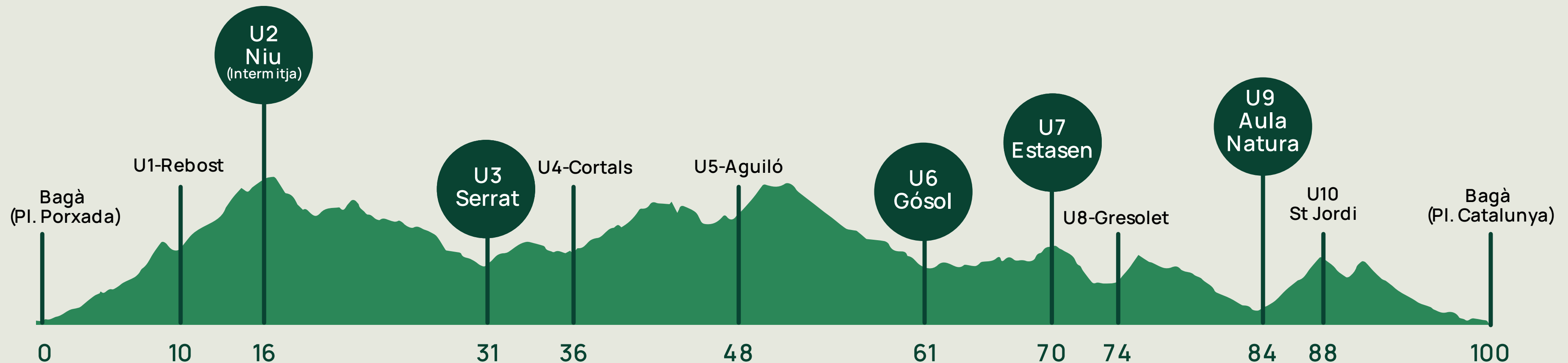


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You must report your withdrawal to the person in charge of the nearest aid station. Otherwise, you will be considered missing and the rescue procedure will be activated.



Penalties

TYPE OF OFFENCE (High to low seriousness)	PENALTY
Failure to assist a person in need.	Disqualification and a ban on taking part in future editions.
Dropping out without immediately notifying the Organization.	Disqualification and a ban on taking part in future editions.
Transferring the race bib or timing chip to another person.	Disqualification and a ban on taking part in future editions for the original race-bib holder.
Unsporting behaviour towards other runners or the Organization.	Disqualification
Disobeying the instructions of the race director, course marshals, aid-station managers, doctors or nurses.	Disqualification

Penalties

TYPE OF OFFENCE (High to low seriousness)	PENALTY
Not carrying the mandatory equipment or refusing an equipment inspection.	Disqualification
Refusing to undergo a medical examination.	Disqualification
Skipping a checkpoint.	Disqualification
Failing to respect the environment or damaging the natural surroundings.	Disqualification
Taking shortcuts.	1 hour: 1st warning Disqualification: 2nd warning
Receiving assistance outside an authorized point.	15 minutes: 1st warning Disqualification: 2nd warning

Penalties

TYPE OF OFFENCE (High to low seriousness)	PENALTY
Receiving personal assistance outside the permitted area around an aid station.	15 minutes: 1st warning Disqualification: 2nd warning
Being accompanied for more than 100 metres outside an authorized assistance area.	15 minutes: 1st warning Disqualification: 2nd warning
Leaving the marked route without shortening the distance.	The penalty will be determined on a case-by-case basis.

Safety and medical assistance



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IN CASE OF EMERGENCY



If there is mobile coverage
call race emergency control

649 58 54 94

621 18 39 39

You will find the number on the
back of the race bib.

EN CASO DE EMERGENCIA EN CARRERA	IN CASE OF EMERGENCY DURING THE RACE
Llamar a control de carrera: (0034) 649 585 494 // (0034) 621 183 939	Call the race control number: (0034) 649 585 494 // (0034) 621 183 939
⚠ Solo en caso de hallarse en una zona sin cobertura llamar al 112 e indicar:	⚠ Only when you are in a zone without phone network, dial 112 and indicate:
• Que eres un participante de la Salomon Ultra Pirineu 100k, Salomon Maratón Pirineu 42k o Salomon Media Pirineu 21k. • Punto de carrera en que te encuentras. • (Si la emergencia es médica) Situación del paciente ya seas tú u otro corredor.	• That you are in Salomon Ultra Pirineu 100k, Salomon Maratón Pirineu 42k or Salomon Media Pirineu 21k. • In what point of the race are you. • (In case of medical emergency) your situation (or that of another runner).
+ Si tienes alguna alergia, enfermedad o información que consideras relevante para los equipos médicos, escríbela aquí:	+ If you have an allergy, disease or any relevant info for the medical team, write it here:



SUP 100K

SALOMON



If there is **NO** mobile coverage
call:



And inform as follows

1. You participate in the Salomon Ultra Pirineu 100k.
2. Your approximate location.
3. Problem or medical emergency affecting you or your running mate.
4. Name and race bib number of the person affected.



2 Mobile clinics



7 Ambulances



20 Medical staff



50 Physiotherapists

MEDICAL FACILITIES

Safety and medical assistance



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Live Trail app

GEOLOCATION FOR YOUR SAFETY

For your safety, **you must download the LiveTrail app** onto the mobile phone you will use during the race and **enable geolocation**. This will allow us to track your location at all times and respond quickly in the event of an incident.

Available for iOS & Android



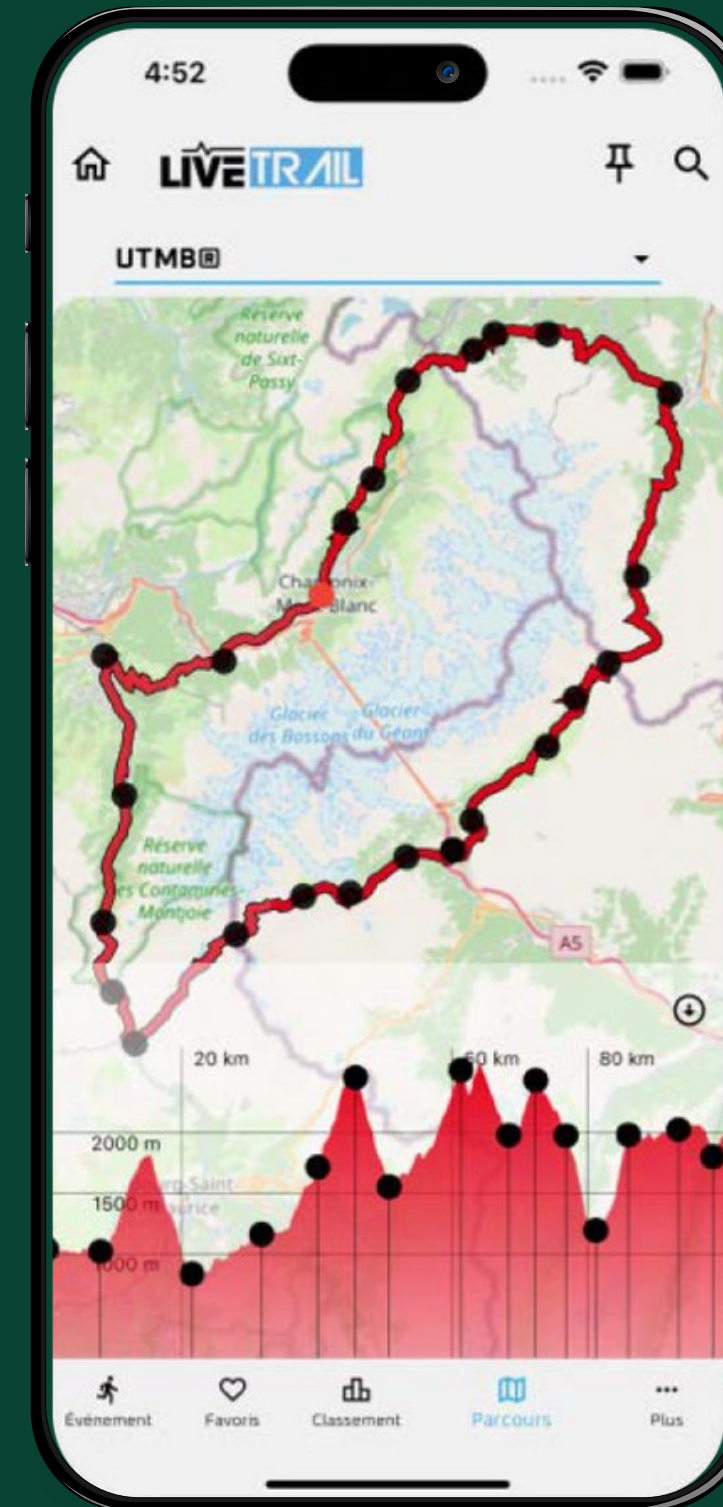
See how to enable it correctly
at this link

<https://www.instagram.com/p/DAqqeTVCdEq/>



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