

# REGULATIONS SALOMON MITJA PIRINEU 21k® 2023

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## **SALOMON MITJA PIRINEU 21k® 2023**

The Salomon Mitja Pirineu 21k® is a mountain race with 21km and 1450m of positive elevation gain, organized by Pangea Attitude, Mountain Runners del Berguedà and els Amics de l'Atletisme de Bagà.

The Salomon Mitja Pirineu 21k® will be the second race in the calendar of the Golden Trail National Series Spain and Portugal.

With departure and arrival in Bagà (Barcelona), the event will run through the Cadí-Moixeró Natural Park on October 1, 2023.

The Salomon Mitja Pirineu 21k® scored by the ITRA performance index.

### **Article 0. NEW TO THIS EDITION**

To facilitate the identification of new information concerning the current edition, we incorporate the text **"NEW 2023!"**, in front of each point or paragraph

If we include other news in the future, they will also be highlighted as **"NEW 2023!"**. If this happens, this version 1 of the regulations will become a new version 2.

### **Article 1. REQUIREMENTS**

Participants must meet the following requirements to take part in the event:

- The minimum age to participate in the Salomon Mitja Pirineu 21k® is 16 years old during the current year of the race. That is, the minimum age must be reached at least December 31, 2023.
- Understand and accept these rules and regulations.
- To have one of the three certificates described in Article 3
- Participants under the age of 18 must present an authorization from the parent or guardian at the time of collecting the bib number in addition to the DNI.
- Know and accept the conditions of these regulations.
- Be fully informed about what the Salomon Mitja Pirineu 21k® 2023 is and have the knowledge, experience, material and the physical and psychological levels necessary to be able to withstand and overcome possible problems related to endurance sports, gradient, orography and the environment. wild event, such as: fatigue, digestive problems, muscle and joint problems, bruises, minor injuries, cold, rain, snow, fog, heat ... etc.
- Carry out all the steps and requirements for registration correctly.
- To print, fill in and sign the document "Informed consent", and to present it at the race-bib collection point in Bagà. This document can be downloaded from the web [www.ultrapirineu.com](http://www.ultrapirineu.com).
- The Organizer reserves the right to exclude from the Salomon Mitja Pirineu 21k® (even before its start) those participants whose conduct obstructs the management and/or the smooth development of the event. Likewise, the Organizer reserves the right to admit participants who do not comply with some of the requirements under exceptional circumstances.
- Those participants who don't have a sports insurance that covers mountain accidents are required to purchase an insurance limited to the two days of the race. The insurance will be processed by the Organization, with an extra cost for the participant of 6€.
- In case of exclusion, the cost of the registration fee will be reimbursed if it has already been paid

**IMPORTANT:** Participants who indicate in the registration that they have a sports insurance managed by one of the federations or private companies indicated in the registration form must ensure that it includes mountain races activities in Catalonia, and that the insured capital covers at least the minimum benefits indicated in " Real Decreto 849/1993, de 4 de junio ", indicated below:

- Death by accident: 6.000€
- Permanent disability: 12.000€
- Healthcare: UNLIMITED (including transportation costs by medicalized or terrestrial helicopter).

For more details, check [here](#)

## **Article 2. ENROLMENT**

### **(2.1) LIMITED ADMISSION**

The Salomon Mitja Pirineu 21k® has a maximum number of 1000 race slots, which can be purchased on the web [www.ultrapirineu.com](http://www.ultrapirineu.com) from **January 13<sup>th</sup>** until all places are sold out.

Registration for Salomon Mitja Pirineu 21k®, is direct (i.e. no pre-registration and lottery are involved). Registered candidates will automatically appear on the participants list upon completing the payment.

**Runners who are registered simultaneously in La Molina Nit Pirineu KV® and in the Salomon Mitja Pirineu 21k®, can request a €10 discount by sending an email to [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com).**

#### **The registration fee includes:**

- Participation in the 2023 edition of Salomon Marató Pirineu 42k®.
- Participation in the 2023 edition of Golden Trail National Series®.
- Exclusive commemorative technical shirt Salomon Ultra Pirineu® 2023.
- Civil liability insurance.
- Tracking of the route.
- Race-bib with integrated chip.
- Timing and direct tracking with the platform Livetrail for friends, family and accompanying persons.
- Central emergencies coordination service (CECOR)
- Access to the App LiveRun for all runners, with SOS system for emergencies.
- Exclusive medical team with capabilities for in-race assistance with vital support vehicles, 4x4 ambulances and mobile clinics.
- Physiotherapist service in Bagà.
- Solid and liquid aid stations during the race.
- “Botifarrada” at Bagà’s Sport’s Hall after finishing the race. The meal is exclusive for runners who will need to identify with the race bib to get into the area.
- cloakroom service (Bagà’s Sports hall).
- shower service (Bagà’s Sports hall).
- Finisher medal.
- Finisher diploma
- Trophies for the first three in each age category.
- Free photo report
- Parking for cars, vans, and motorhomes.

NOTE: Runners may collect their articles such as t-shirts, medals and trophies at the places and times indicated in the program. The Organization will not send uncollected

articles to a runner's address. At the end of the event all these articles will be recycled or donated to non-profit organizations.

The Organizer reserves the right to increase or reduce the number of available places due to safety reasons or to any other cause that might affect the proper development of the event.

- Registration for Salomon Marató Pirineu 42k® will be made only by internet through the official website [www.ultrapirineu.com](http://www.ultrapirineu.com)
- Only credit card payments will be accepted. Bank transfer or cash payment will NOT be accepted.
- The candidate does not need to be the owner of the credit card used for the payment.
- It is VERY IMPORTANT that, after having signed up, participants check their registration by [searching the list of participants](#)
- In parallel, participants will receive a confirmation email with the information of their registration

**To ensure the correct reception of emails from the Organizers and prevent any blocking or elimination by anti-spam services, registered participants should add the following email addresses to the contact lists of their email server:**

- [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com) (emails concerning registration and payments)
- [info@ultrapirineu.com](mailto:info@ultrapirineu.com) (emails concerning general information and news)

## **(2.2) WAITING LIST**

Once all race slots have been filled, a waiting list will open to cover possible cancelations.

**It is not allowed to change the name of a race bib**, because any cancelation will be covered by candidates in the waiting list.

- The waiting list will be in order of registration.
- Any time a running slot becomes free, the Organizers will contact by email the person in the first position of the waiting list to offer they the opportunity to proceed with the registration.
- **Once the first candidate on the waiting list enters the registered participants list, the second candidate on the waiting list occupies the first position, therefore becoming the next person to be contacted in case of vacancy.**
- If a candidate in waiting list refuses the opportunity to register or does not answer the email from the Organizer within 72 hours, they will miss the slot.
- To ensure the correct reception of emails from [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com) (registration) and [info@ultrapirineu.com](mailto:info@ultrapirineu.com) (news and information), the candidate must:
  - Ensure that the email address entered during the pre-registration process is correct, with no errors in punctuation, capital letters, hyphens...etc.
  - Check frequently the inbox of the email address provided.
  - Add [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com) and [info@ultrapirineu.com](mailto:info@ultrapirineu.com) to the contacts list of the email server to prevent blocking or elimination of emails by anti-spam services.

### **(2.3) CHANGE OF DISTANCE**

A registered participant may change to an **inferior distance** at no cost by sending an email to [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com). The change will be possible if there are available slots in the distance sought and if the request is made **before 19th August**.

If a participant wishes to change to a superior distance, they will also need to pay for the price difference.

### **(2.4) CANCELLATIONS AND REFUND POLICY**

**All runners will be able to cancel their registration for justified reasons with the right to a 100% refund (minus 6€ for bank and administration fees) of the registration fee until May 31th.**

As of **June 1<sup>st</sup>**, the % of the registration fee to be refunded will be reduced according to the table below.

**On August 19<sup>th</sup>** (date on which the registration lists will be definitively closed) **no refunds will be made.**

It will be considered a justified cause, all those medical causes (or similar seriousness) that make it impossible for the participant to attend the race.

To unsubscribe you must send an email to [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com) requesting the cancellation, attaching a signed medical certificate confirming the contraindication to participate, or (if the cause is not medical) the official / legal documentation that corresponds to the alleged cause.

**Supplement (8€): The participants who wish, will be able to opt for a supplement of 8€ (only during the registration), to have a 100% refund of the registration fee, in case of cancellation until August 18<sup>th</sup>.**

	<b>% OF FEE REFUND</b>	
<b>Year 2023</b>	<b>WITHOUT SUPPLEMENT</b>	<b>WITH SUPPLEMENT (8€)*</b>
<b>January</b>	100% (-6€)	100%
<b>February</b>	100% (-6€)	100%
<b>Mars</b>	100% (-6€)	100%
<b>April</b>	100% (-6€)	100%
<b>May</b>	100% (-6€)	100%
<b>June</b>	40%	100%
<b>July</b>	30%	100%
<b>From 1st to 18<sup>th</sup> August</b>	20%	100%
<b>From 19<sup>th</sup> August</b>	Cancellation not allowed	Cancellation not allowed

**IMPORTANT: Cancellations will be always substituted by the person on top of the waiting list. Race bib transfers to other runners (or to next years) are not allowed.**

Fee refunds will be made to the same credit card used to pay the registration fee.

## **Article 3. THE RACE BIB COLLECTION**

### **(3.1) THE RACE BIB**

**Each race bib is personal and non-transferable and only allows the participation in the 2023 edition of Salomon Mitja Pirineu 21k.**

Participants must wear the race bib at the front of the body, over the clothing and clearly visible during all the race.

The race bib has a chip that allows the tracking of the runner.

At the back side of the race bib there is the emergency protocol and the telephone numbers to call in case of emergency. There will be a space left for the runner to write relevant information for the medical teams in case of emergency or loss of conscience, such as the blood group, Rh, allergies, HIV, epilepsy, diabetes, celiac disease or any other relevant medical condition.

### **(3.2) WHEN AND WHERE TO COLLECT THE RACE BIB**

Race bibs may be collected at the following places and times:

- **Barcelona Salomon Store (Rambla Catalunya, 54, 08007 Barcelona):** During September (dates will be published on the web [www.ultrapirineu.com](http://www.ultrapirineu.com)). BOOKING WILL BE NEEDED TO RESERVE DATE AND TIME FOR RACE BIB PICK UP AT THE STORE. Participants will receive an email from the Organization with a link to make the online booking.
- **Bagà Sports Hall:** Friday 29<sup>th</sup> September between 12h and 22h.

**IMPORTANT: IT WILL NOT POSSIBLE TO COLLECT THE RACE BIB ON SATURDAY 29<sup>th</sup> SEPTEMBER OR THE DAY OF THE EVENT BEFORE THE START.**

### **(3.3) NECESSARY DOCUMENTATION TO COLLECT THE RACE BIB**

1. ID/PASSPORT
2. Informed Consent document printed and signed by the race bib owner. The Informed Consent document may be downloaded from the web [www.ultrapirineu.com](http://www.ultrapirineu.com).
3. Accidents insurance card (private or federate) indicated during registration. Participants who purchased the insurance from the Organization during registration are exempt.

### **(3.4) IF THE RACE BIB OWNER CANNOT COLLECT THE RACE BIB IN PERSON**

If the race bib owner cannot collect the race bib in person at the places, times and dates indicated in the program of the event, they may designate a person to collect it in their name. This person must attend the race bib collection with photocopies of the documents described in the previous section. The Informed Consent document must be completed and signed by the race bib owner.

## **Article 4. THE START**

The race will start at 09:30h from the Plaça Porxada in Bagà. Access to the start area will be closed at **09:20h. It will not be possible to access the race start area after this time.**

### **RACE BIB NUMBER ASSIGNATION**

Each runner will be assigned a race bib number according to their order of registration, except for elite runners (see article 13).

All the runners will access the start area in Plaça Porxada through any of the back streets (Carrer d'en Càlic or Mestre Elisard Sala).

Only the elite runners (see definition in article 13) will access the Plaça Porxada through the front street (Carrer Major) in order to access the front of the start area.

**We recommend non-elite runners interested in making good timing to arrive early at the start area in order to situate at the front of the start.**

## **Article 5. INFORMED CONSENT**

**The act of registering for the Salomon Ultra Pirineu 100K® entails the acceptance of its regulations by all participants. It also implies that the participant has the adequate preparation to participate in the event.**

**Runners declare being aware of the hard geographical risks and extreme weather conditions one may encounter throughout its course in high mountain altitude. The participant also declares that they are physically and psychologically prepared to perform an activity of the characteristics of the Salomon Ultra Mitja Pirineu 21® and that they have passed the medical and effort tests relevant to their age and physical conditions.**

Registered participants understand that they participate in the event voluntarily and under their own responsibility. Thus, they exempt the Organizer from any liability and will not press any charges or file any liability claims against the Organizer, its collaborators, sponsors or other participants.

To this end, when collecting their race bib in Bagà, participants must submit the document **“Informed consent”** duly printed and signed

A printable version of the document can be downloaded from the official website [www.ultrapirineu.com](http://www.ultrapirineu.com).

The **“Informed consent”** of age minors must be signed for the parent or tutors.

## **Article 6. REQUIRED AND RECOMMENDED TECHNICAL GEAR**

To run the race, all runners must carry the items labelled as “mandatory” in the web [www.ultrapirineu.com](http://www.ultrapirineu.com). (Section of required technical gear).

On Friday September 29th, the Organization will inform if some of these items are finally NOT mandatory. The decision will be taken according to the most recent weather forecast.

IMPORTANT: All SUP races run in high altitude environments where the forecast is less accurate than in lower elevations, and where the weather is very unstable with sudden changes that can become extreme, such as intense heat, temperatures below 0°C, heavy rain, hail, snow, strong wind, dense fog, thunderstorms, etc.

The definitive list of mandatory and recommended minimum material that we will publish in the web on Friday, September 29th, will be based on the latest weather forecast and therefore may be insufficient if forecast fails, or weather becomes unstable. **Therefore, it is up to each participant to assess this mountain risk, and decide whether to bring more additional material for the benefit of their own safety.**

It is very important that each participant check the list of material on the web [www.ultrapirineu.com](http://www.ultrapirineu.com) by clicking on the "more info" drop-down for each article, with details on the required characteristics.

## Article 7. CHECKPOINTS, AID STATIONS AND ASSISTANCE

- Participants must follow the marked course without disobeying any signs and must stop at all checkpoints, located at aid stations.
- Besides the official checkpoints (announced on the web [www.ultrapirineu.com](http://www.ultrapirineu.com)), the Organization may set up "mobile" checkpoints to control pace or gear at any point of the course.
- Participants must respond to the requests and questions posed by a course steward, medical team or aid station supervisor at checkpoints or at any other point throughout the race.
- **Tents and sport halls used as aid stations are restricted exclusively to the use of runners. No public or assistance crews may enter the aid stations.**
- **NEW 2023! ➡ External personal assistance in the the aid stations and at any point of the route is not allowed.**
- Access by car to some aid stations may be blocked for safety reasons or poor state of the roads. The Organizers only guarantee access by car to those aid stations reachable by paved road, which will be duly indicated on the web of the event.
- Each aid station has a designated closing or cut-off time. Participants must reach all aid stations before their closing time to be able to continue on the race. The closing times will be published on the website [www.ultrapirineu.com](http://www.ultrapirineu.com).
- Aid stations will be supplied with products and isotonic beverages FINISHER, in addition to liquids and solid food, which will vary according to the location on the course.
- Food and drinks must be ingested at the aid station, in sufficient amount to meet the energy requirements to reach the next aid station. Water can be loaded in the containers or hydration packs carried by the participants.
- Having a race bib and a wristband is required to get access to the aid stations.
- An area with warm food, medical assistance, etc... will be enabled in Bagà for all participants.
- The web site will provide a detailed list of aid stations with information of their contents

## Article 8. CLOAKROOM SERVICE IN BAGÀ

A permanent cloakroom service will be available so that participants may leave there the gear that they wish to have on their arrival at Bagà's Sports Hall (such as keys,



towel, soap, mat, sleeping bag... etc). They may leave these items inside a bag or backpack not bigger than 20L.

Participants may leave their cloakroom bag at Bagà's Sports Hall before the start (between 08:30h and 9:00h).

**The Organizer will not check the contents of the bags or whether they are properly closed. Therefore, the Organizer will not respond to any complaints about damage of bags or their contents, or for any loss of contents. It is recommended to not leave valuables or fragile material in the bags. Runners should ensure the bag remains closed at all times by reinforcing its closing (for example with a string or bridle).**

**BAGS AND LOST AND FORGOTTEN OBJECTS:** Runners must claim any bags or lost objects in Bagà's Sports Hall until closing of Salomon Mitja Pirineu 42k® 2023. Otherwise, they may be collected during the following 15 days in the place and time that will be indicated on the web. Any bags remaining after this term will be disposed of.

## **Article 9. SAFETY AND MEDICAL ASSISTANCE**

There will be several medical and safety teams coordinated with the national 112 emergency services by the central direction of the **Salomon Ultra Pirineu® 2023**, located in Bagà.

By default, these teams will be distributed among the different aid stations so runners may ask for assistance or help in case of need.

There will be mandatory medical examinations at some points along the course, which may be random or general.

Refusal by the runner to cooperate fully or being disrespectful with the medical personnel may result in immediate disqualification.

All participants will accept the medical decisions of the physicians and medical team, whose decision will prevail over all others. The physicians and caregivers may:

- Remove from the event any runner that they consider incapable of continuing, by invalidating their race bib number.
- Order the evacuation of any participant that they consider being in danger.
- If necessary, order the hospitalization of a runner.

**The race director will never question the judgment or decisions taken by the medical team. The Organization will not be liable for any consequence derived of the disobedience of the orders of the medical team by a runner.**

## **EMERGENCIES ALONG THE COURSE**

All runners have the obligation to provide assistance to other participants in need, according to their own capacities and knowledge. Not doing so implies committing a serious punishable offence of "non-assistance to a person in need".

In the event that the runner or a running mate cannot reach the next aid station due to a medical emergency or any other kind of emergency, the following instructions must be followed (also printed on the back of the race bib):

- **If there is mobile network:** Dial the telephone number appearing on the back of the race bib, describe the situation and follow the instructions.
- **If there is NO mobile network:** Dial 112 and inform as follows:
  - You participate in the **Salomon Mitja Pirineu 21k®**

- Your location (approximate).
- Problem or medical emergency affecting you or your running mate.
- Name and race bib number of the person affected (your own or that of your mate if you are assisting them)

It is important to consider that most of the course of the **Salomon Mitja Pirineu 21k®** goes through remote areas only accessible by foot. This implies that the medical/rescue teams might take a long time, even hours, to bring aid or rescue in case of need. Therefore, the following instructions must be followed:

- Move to a point where there is mobile network, so you can be in permanent contact with the race director. Do so **ONLY IF IT IS POSSIBLE** and **NEVER LEAVING THE MARKED TRAIL**.
- Be accurate when describing the situation: different types of resources will be mobilized based on the information you provide when requesting assistance, so it is important that this information is as accurate as possible.
- Do **NOT** leave the marked trail; otherwise it would be very difficult to locate you.
- When planning your gear, you should prepare yourself for situations of very slow pace or even of long wait in adverse weather conditions.
- Always inform about any change occurring between the moment of the phone call and your location by aid teams.

## **Article 10. DROP OUT AND EVACUATION**

Participants may only drop out at aid stations, unless the runner is injured or hurt. Any runner who wishes to drop out must personally notify their decision to withdraw to the aid station supervisor (identified by a fluorescent vest), who will identify the runner and invalidate their race bib number.

Concerning the evacuation, the following points must be considered:

- Runners may drop out in any aid station, but only some of them will have vehicles available to evacuate runners who decide to drop out. These aid stations are indicated as **drop out points with transport**.
- The location of these **drop out points with transport** may be checked at the course map on the official web [www.ultrapirineu.com](http://www.ultrapirineu.com)
- In any case, the runner wishing to drop out must inform the aid station supervisor (identified by a fluorescent vest). The supervisor will identify the runner as dropout and indicate where to wait for the next transport to Bagà (in case of **drop out points with transport**), or how to get to the closest **drop out point with transport**.
- Even if the dropout opts to get back to Bagà by own means (i.e. pick up by friends), they must inform about their intention to drop out. Otherwise the Organizers will consider the runner missing and activate the rescue alarm.
- If a runner decides to withdraw after a **drop out point with transport**, they must return to the point and notify the supervisor.
- If the runner cannot reach the next **drop out point with transport** by their own means, they can wait at the aid station until its closing time, and get back to Bagà with the transport available for the personnel of the aid station.

## **ASSESS YOUR STRENGTH**

When leaving an aid station, you must properly assess your strength and be aware of the distance to the next **drop out point with transport**. Do not attempt to continue if you are not sure of being able to get there.

Participants who bring their own personal assistance must keep in mind that the access to some aid stations may be closed due to bad weather or safety reasons. Updated information will be available on the web [www.ultrapirineu.com](http://www.ultrapirineu.com)

### **ACCIDENT INSURANCE**

In the event that the Organizer considers that a runner requires external emergency evacuation by ground or helicopter, the insurance of the runner will assume all financial obligations connected with this service. This insurance may be linked to Segurartic@-Catalana Occidente, or the official mountaineering federation card (FEEC or autonomic equivalent enabled by FEDME, UIAA, A.E.TRAIL, RFEA o ITRA) declared by the runner when registering; or the insurance purchased by the runner upon registration (in this case all procedures will be carried out by the Organizers).

**The Organizer is not responsible for any debts incurred due to the accident, for example in the event that the runner declared having a license that is not valid or inexistent.**

## **Article 11. MODIFICATIONS TO THE CUT-OFF TIMES OR CANCELLATION OF THE EVENT**

In case of bad weather or force majeure, the Organizer has the right to suspend, neutralize or change the cut-off times of the event.

Likewise, in case of issues related to global health, the organization reserves the right to add or modify the services, requirements and/or obligations of the regulations, in order to adapt to the health situation in the best way for the benefit of the health and safety of runners, volunteers and/or the local population.

If that should happen, the changes would be highlighted in a new version 2 of this regulation.

### **(11.1) MODIFICATION TO THE CUT-OFF TIMES AND NEUTRALIZATION / SUSPENSION**

During the week prior to the event, the Organizer may inform about potential changes affecting the race based on the weather forecasts. The final decision, however, will be announced on Friday September 29<sup>st</sup>

The Organizer may delay the start or neutralize or suspend the event if weather conditions on the day of the event are considered to put the runners in danger (such as electric storm, lack of visibility, abundant snow or ice, etc.).

If conditions do not improve after few hours, the **Salomon Mitja Pirineu 21k®** may be definitely suspended.

### **(11.2) CANCELLATION BEFORE THE DATE OF THE EVENT**

If the event is cancelled due to force majeure more than 7 days before the start date, the registration fees will be partially refunded. The amount refunded will depend on the date of the suspension and the amount that the Organizer has already spent on non-refundable costs.

If the event is cancelled for reasons beyond the Organizer's control within 7 days before the start of the **Salomon Mitja Pirineu 21k®**, or if the event is suspended after having started, no registration fees will be reimbursed.

## Article 12. PENALTIES AND COMPLAINTS

In order to implement the rules and regulations that govern this event, the following persons will be authorized to apply penalties: course stewards, physicians, checkpoint supervisors and aid station supervisors.

The penalties, set out in the table below, will be applied immediately and at the same place where the offence is detected. Time penalties will be applied in the presence of the authorized person.

Failing to comply the penalty implies committing an offence of “disobeying the orders of the course stewards, aid station supervisors, medical equipment”, penalized with disqualification.

### (12.1) TABLE OF PENALTIES

TYPE OF OFFENCE (High to low seriousness)	PENALTY
Failure to give assistance to a person in need	Disqualification and ban from entering any future editions of the event
Dropping out without immediately notifying the Organizer	Disqualification and ban from entering any future editions of the event
Transferring the race bib or chip to another person to run in place of the registered runner during part or the totality of the event; and/or providing false information to the Organizers.	Disqualification and ban from entering any future edition of the event (to the race bib owner)
Unsporting behavior towards other athletes or the Organizers	Disqualification
Disobeying the orders of the course stewards, aid station supervisors, medical team, or not allowing an antidoping control and/or record a positive result.	Disqualification
Not having the mandatory equipment or refusal to cooperate during an inspection of equipment	Disqualification
Refusal to undergo a medical examination	Disqualification
Skipping a checkpoint	Disqualification
Littering or any behavior that may harm the natural environment	Disqualification
Not following the race course, shortening its distance	1 hour: 1st warning Disqualification: 2nd warning
<b>NEW 2023!</b> → Receive external personal assistance at any point of the race or refreshments, which is not one of the authorized in article 7.	15 minutes: 1st warning Disqualification: 2nd warning
Run for 100m or more accompanied by someone without a race bib who displays a clear intention to help the runner, outside the area of 100m around aid stations.	15 minutes: 1st warning Disqualification: 2nd warning
Not following the race course, although NOT shortening its distance or even increasing it	Penalty will be determined in a case by case basis

## **(12.2) COMPLAINTS**

### **Complaints before the closing time of Salomon Mitja Pirineu 21k®:**

Runners may file complaints while the Salomon Mitja Pirineu 21k® is taking place. Complaints should be submitted in writing by filling a form available at the finish line in Bagà. A 50€ deposit (in cash) must be paid to file a complaint. This deposit will be refunded if the complaint is accepted and resolved in favor of the runner.

Complaints may be filed until the closing time of Salomon Mitja Pirineu 21k®. Their resolution may affect the provisional ranking and awarded runners.

All complaints will be studied and resolved by the ***jury of the competition***, composed by:

- **The race director**
- **The sports director**
- **Golden Trail National Series representative (in case that resolution may affect the classification of the Golden Trail National Series)**
- **The chrono manager (if needed)**
- **A runner randomly chosen and accepted by the parties**

No appeal may be filed against a resolution taken by the ***jury of the competition***.

These complaints will be resolved as soon as possible, within a maximum period of 7 days.

If the resolution favors the runner, the 50€ deposit will be refunded and the penalty time will be deducted if appropriate, correcting the runner's position in the final ranking.

### **Complaints after the Salomon Mitja Pirineu 21k®:**

No complaints will be accepted in situ after the closing time of the **Salomon Mitja Pirineu 21k®**. Any complaint after that time may be filed by email to [info@ultrapirineu.com](mailto:info@ultrapirineu.com). Complaints will be accepted during a period of 15 days after the celebration of the **Salomon Mitja Pirineu 21k®**.

To file a complaint, the email should include the following information about the affected runner:

- Name and surname.
- ID number.
- Club membership (if that's the case).
- Address.
- Race bib number
- Telephone number.
- Exposition of the facts.
- Request of the affected runner.
- Attached: any proof to support the complaint may be included here.

**Resolution of the complaints will be issued within 7 days after receiving the email.**

**NOTE: The email [info@ultrapirineu.com](mailto:info@ultrapirineu.com) will only accept complaints from affected runners. No comments, reports or any other types of complaints will be accepted from persons not participating in the event.**

## Article 13. ELITE RUNNERS

### **Free slots**

The Organization reserves free race slots for elite runners. The criteria to distinguish a runner as an elite runner is their ITRA or UTMB performance index (**Male  $\geq$  825 / Female  $\geq$  700**), or having ranked among the top 3 in previous editions of the Salomon ultra Pirineu.

The colour of the race bib number of these runners is red, and they will access to the starting line from "Carrer Major" to be in front.

### **Warranted Slots (not free)**

The Organization also reserves warranted race slots (not free) for runners with an ITRA or UTMB performance (**Male  $\geq$  750 / Female  $\geq$  625**).

The colour of the race bib number of these runners is black, so they will access to the starting line from the same accesses of the rest of the runners (read article 4).

In addition, elite runners must comply with the "minimal requirements of participants" according to Article 1 of the regulations in order to complete their registration. Any application to obtain a registration must be presented by email at [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com) before August 19<sup>th</sup>.

## Article 14. CATEGORIES AND TROPHIES

The first three finishers in each category will receive a trophy.

- **Overall ranking**
- **16 to 29 years reached during the reference year**
- **30 to 39 years reached during the reference year**
- **40 to 49 years reached during the reference year**
- **50 to 59 years reached during the reference year**
- **60 or more years reached during the reference year**

### **NOTES:**

- **In all categories the age that is considered is the age the runner will have on 31 December of 2023.**
- **For the purposes of awards, the runners awarded in the overall ranking, will not be awarded in their respective age categories, thus allowing more runners to access the podiums of the age categories.**

## Article 15. LOST AND FORGOTTEN OBJECTS

Lost and forgotten objects will be kept for 15 days after the race ends. The place and schedule for their recovery will be indicated by sending an email at [info@ultrapirineu.com](mailto:info@ultrapirineu.com).

After the 15 days term, any requests from their owners will not be responded to.

## Article 16. IMAGE RIGHTS

Image rights are recognized in Article 18.1 of the Spanish Constitution and regulated by Law 5/1982, of May 5th on the right to one's honor, personal and familiar privacy

and to one's image; and also by the provisions of Organic Law 15/1999 of December 13<sup>th</sup> on Personal Data Protection.

Accepting the present regulations mandatorily involves that the participant authorizes Pangea Attitude SL and authorized entities to take photographs and filming their participation in **Salomon Ultra Pirineu® 2023**. In addition, the participant consents the publication, commercial and advertising exploitation of the images taken during **Salomon Ultra Pirineu® 2023** -including those images in which the participant is clearly identifiable- without any right of economical compensation for the participant. Images will not be used for any other purposes than those stated before.

Participants may exercise their rights to access, rectify, cancel or oppose their personal data in accordance with the Organic Law 15/1999 December 13<sup>th</sup> by sending an email to the address [info@ultrapirineu.com](mailto:info@ultrapirineu.com).

Pangea Attitude owns all image rights of the event in exclusive. Any media or advertising projects using the image of **Salomon Ultra Pirineu® 2023** must be authorized by Pangea Attitude.