

# REGULATIONS ULTRA PIRINEU® 2019

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# ULTRA PIRINEU® 2019

The ULTRA PIRINEU® 2019 is an ultra endurance race with 94 Km mountain run with 6.200m positive gain, organized by Pangea Attitude SL and the Sports Association "Mountain Runners del Berguedà".

The event will take place on 5th and 6th of October 2019, with departure and arrival at Bagà (Barcelona), and most of its course running through the Natural Park of Cadí Moixeró, in the Pyrenees.

ULTRA PIRINEU® 2019 awards 5 qualifying points for Ultra-Trail du Mont-Blanc® (according to the new scoring System).

## Article 1. Requirements

Participants must meet the following requirements to take part in the event:

- To be of legal age on the day of the event.
- To demonstrate that between 01/01/2017 and the day of the registration, the runner has participated in at least 1 mountain trail race completing at least 40km, even if the runner was not a finisher.  
Or, having participated and completed 40km in one of the previous editions of UP (years 2014, 2015, 2016, 2017 or 2018).
- Only races that have already taken place will be accepted for registration.
- Understand and accept these rules and regulations.
- Participants must be fully aware of the nature of the event ULTRA PIRINEU® 2019. They must have the knowledge, expertise, equipment, and mental and physical preparation necessary to face and overcome possible problems related to ultra-endurance running, altitude, geography and the natural environment in which the event takes place. Potential problems associated with this type of events are: fatigue, digestive problems, muscular and joint problems, contusions, minor injuries, cold temperatures, rain, snow, fog, heat... etc.
- To perform all registration steps correctly.
- To print, fill in and sign the document "Disclaimer and certificate of physical fitness", and to present it at the race-bib collection point in Bagà. This document can be downloaded from the web [www.ultrapirineu.com](http://www.ultrapirineu.com). In this document, the participants registered for the ULTRA PIRINEU® 2019 declare, among other things, that they take part in the event of their own free will and under their responsibility, and that they meet the necessary physical and health requirements to participate in an event of the characteristics of the SALOMON ULTRA PIRINEU® 2018.
- If participants do not have an official mountaineering federation card, they must purchase insurance for the term of the event (2 days). The insurance will be processed by the Organizer at an extra cost of 10€ for the participant.
- The Organizer reserves the right to exclude from the ULTRA PIRINEU® 2019 (even before its start) those participants whose conduct obstructs the management and/or the smooth development of the event. Likewise, the Organizer reserves the right to admit participants who do not comply with some of the requirements under exceptional circumstances.

## Article 2. Enrolment and cancellations

### (2.1) Limited admission

The ULTRA PIRINEU® 2019 has a maximum number of 1000 race slots, which will be raffled among pre-registered candidates.

**FEE 114€ +IVA**

### THE REGISTRATION FEE INCLUDES:

- Lightweight fleece commemorative SALOMON worth 60€ (Men's: Discovery LT HZ M / Women's: Discovery LT HZ W) for all the registered in the ULTRA PIRINEU®2019.
- Participation in the ULTRA PIRINEU®2019.
- Gift bag.
- Medical services and ambulance.
- Civil liability insurance.
- Official timekeeping and live following by Livetrail.
- Solid and liquid aid stations during the race and finishing point.

- Finisher medal exclusive ULTRA PIRINEU®2019 for those runners that complete the race inside the time established by the Organization (26h).
- Trophies for the 1st, 2nd and 3rd of each categories.
- Cash prize for top three finishers of the general ranking (men's and women's - Total: 6000€).
- Cloackroom service.
- Drop bag service.
- Physiotherapist service.
- Shower service in the finish area.

The Organizer reserves the right to increase or reduce the number of available slots for safety reasons or for any other cause that might affect the proper development of the event.

## **(2.2) Pre-registration (1000 participants)**

In anticipation that the number of applications will exceed the 1000 available slots for the ULTRA PIRINEU® 2019 , a pre-registration period will be open from January 15th to January 28th.

**No registrations for the 2019 edition will be accepted after this period if the number of pre-registrations exceeds 1000.**

**However, if less than 1000 pre-registrations are completed during that period, all pre-registered candidates will automatically become registered participants without need of a lottery. In that case, the pre-registration system will become a direct registration system from January 29th, remaining open until the places are sold out.**

- Pre-registration confers the right to participate in a lottery of 1000 available slots.
- The pre-registration process must be done individually, with the option of taking part in the lottery individually or as part of a group (see section 2.3).
- Only pre-registrations made through the official ULTRA PIRINEU® 2019 website will be accepted ([www.ultrapirineu.com](http://www.ultrapirineu.com)).
- Pre-registration involves the payment of a 10€ deposit. This amount will be deducted from the total registration fee in case of winning a place. Otherwise it will be automatically refunded.
- Only credit card payments will be accepted. Bank transfer or cash payment will NOT be accepted.
- The candidate does not need to be the owner of the credit card used for the payment.
- If the pre-registration is successfully completed, the name of the candidate will appear in one of the two lists of pre-registered candidates (individual or group). The candidate will receive an automatic confirmation email summarizing his/her personal data and the services purchased. This email will be sent to the address provided during the pre-registration process.
- Pre-registered candidates must keep this email as proof of payment. It will be necessary for the administrative procedures related to using their rights or purchased services.
- **Failure to receive this automatic email and/or failure to appear at the pre-registered candidates lists soon after completing the pre-registration procedure indicates that said procedure has not been successfully completed (even if the payment has been successful), or that incorrect contact information has been provided. In any of these cases, to solve the possible error the candidate should contact the Organization via email at [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com).**
- **It is recommended to print the proof of payment from the bank, but it should be noted that the only valid document to prove pre-registration is the automatic email that the candidate will receive just after pre-registering.**
- Each candidate who completes the pre-registration procedure for the current edition will get one "ticket" to participate in the lottery of 1000 open positions for the ULTRA PIRINEU® 2019.
- Those pre-registered candidates who have participated in any of the 5 previous editions of the event as registered or pre-registered participants, will get an additional ticket for each event participated in. Together with the ticket from the current edition, a maximum of 4 tickets in total will be possible for participant.
- **Those candidates who win the lottery will be automatically registered with the information provided during the pre-registration process and the rest of the registration fee will be charged to the credit card used to pay the deposit. Similarly, if less than 1000 pre-registrations are completed on January 28th, all pre-registered candidates will be automatically registered with the information provided during the pre-registration process.**

- If unexpected credit card issues prevent charging the rest of the registration fee, for example due to cancellation or insufficient credit without previous notification from the candidate; the pre-registration will be cancelled without refunding the 10€ deposit and the slot will be offered to the first person on the waiting list.
- The participant must ensure that the validity of the credit card extends further from October 31<sup>st</sup> 2019, and that there is enough credit in it to cover the cost of the registration fee in case of winning the lottery.
- In the event of credit card cancellation due to loss or theft, the candidate must inform the Organizer by sending an email to [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com).
- The lottery will be held in public at the **City Hall of Bagà, on January 31th at 11:00h.**
- The result of the lottery will be a **provisional list** including all pre-registered candidates in the order determined by the lottery. Running slots will be assigned to the first 1000 candidates. The rest will be incorporated into a waiting list in the same order determined by the lottery, except those who opted out of the waiting list during the pre-registration process (see section 2.4).
- During the 7 days following the lottery, registration fees will be charged to the winners and the information they introduced during the pre-registration process will be verified.

### (2.3) Group pre-registration

Pre-registration in groups of 2-10 persons is available for those who wish to participate together in the lottery, ensuring the same result for all members of the group.

- Each group member must personally complete the pre-registration process following the instructions in section 2.2. Instead of choosing the option “individual pre-registration”, group members must choose the option “group pre-registration”.
- The group will take part in the lottery as a single entity, having as many tickets as the sum of tickets of all group members divided by the number of members of the group. Therefore, participation in the lottery as a group improves the odds of winning the raffle to its members with fewer tickets in detriment to those with more tickets.
- If the average of points of a group is a decimal number it will be converted to its corresponding integer as in the following example:  
From 2,1 to 2,4 = 2 points  
From 2,5 to 2,9 = 3 points
- To form a group, the first member to pre-register must select the option indicating that he/she is the “**group initiator**”. The initiator will get a **secret group code** upon completion of the pre-registration process, which he/she should communicate to the other group members. Each member of the group will have to enter this code when pre-registering.
- Pre-registered candidates will be able to check their status on the list of group pre-registered candidates, published on the web. The name of the group will be that of the **group initiator**.

**IMPORTANT: The groups will break up after the lottery. The Organizers will contact group members individually. Note that the ULTRA PIRINEU® 2019 is an individual race and the ONLY purpose of the group pre-registration is to ensure the same lottery result for all members of the same group.**

Each group member must introduce his/her own contact information during pre-registration (do NOT enter the contacts of the group initiator or anyone else’s).

**IMPORTANT: To ensure the correct reception of emails from the Organizers and prevent any blocking or elimination by anti-spam services, pre-registered candidates should add the following email addresses to the contact lists of their email server:**

- [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com) (emails concerning registration and payments)
- [info@ultrapirineu.com](mailto:info@ultrapirineu.com) (emails concerning general information and news)

### (2.4) Lottery and waiting list

During pre-registration, the candidate will choose whether or not he/she wishes to join a waiting list in case of not winning the lottery.

- The lottery will result in an ordered list of all candidates. The first 1000 will get running slots once the corresponding payments and verifications are completed, entering the list of registered participants. The rest will be automatically incorporated into a waiting list in the same order determined by the lottery. Any time a running slot becomes free, the Organizers will contact by email the person in the first position of the waiting list to offer him/her the opportunity to proceed with the registration.
- **Once the first candidate on the waiting list enters the registered participants list, the second candidate on the waiting list occupies the first position, therefore becoming the next person to be contacted in case of vacancy.**
- A candidate who does **NOT select the waiting list option** will not appear on the waiting list, **relinquishing any opportunity to take part in the ULTRA PIRINEU® 2019** in case of not winning the lottery. The 10€ deposit will be refunded few days after the lottery in this case.
- Joining the waiting list implies keeping the 10€ deposit until August 31<sup>th</sup>, which is the deadline for cancellations and fee refunds (see section 2.5). After this date, the Organizer will refund the 10€ deposit to all candidates who haven't been contacted.
- Reimbursements will be made within 30 days after August 31<sup>th</sup>.
- If a candidate in waiting list refuses the opportunity to register or does not answer the email from the Organizer within 72 hours, he/she will miss the slot and the 10€ refund.
- To ensure the correct reception of emails from registration@ultrapirineu.com (registration) and info@ultrapirineu.com (news and information), the candidate must:
  - Ensure that the email address entered during the pre-registration process is correct, with no errors in punctuation, capital letters, hyphens...etc.
  - Check frequently the inbox of the email address provided.
  - Add registration@ultrapirineu.com and info@ultrapirineu.com to the contacts list of the email server to prevent blocking or elimination of emails by anti-spam services.

**WARNING FOR GROUPS: During the pre-registration process, each group member will be able to choose individually whether or not he/she wishes to join the waiting list in case the group is not selected in the lottery.**

### **(2.5) Fee refund policy**

All participants may cancel their registration and get a % fee refund **until August 31<sup>th</sup>**, when the registered participant lists are definitively closed. **No fee refund will be processed after this date.**

To cancel one's registration, the runner should send an email to registration@ultrapirineu.com requesting the cancellation.

The % of fee refund will vary according to the date of the cancellation (decreasing 10% after each month), as described in the table below.

**\*17€ supplement: Participants may purchase a 17€ supplement during registration, to be entitled to higher fee refunds in case of cancellation.**

	% OF FEE REFUND	
Year 2019	WITHOUT SUPPLEMENT	WITH SUPPLEMENT (17€)*
February	80%	100%
March	70%	100%
April	60%	100%
May	50%	100%
June	40%	90%
July	30%	90%
August	20%	70%
From 31 <sup>th</sup> August	Cancellation not allowed	Cancellation not allowed

**IMPORTANT: CANCELLATIONS WILL BE ALWAYS SUBSTITUTED BY THE PERSON ON TOP OF THE WAITING LIST. RACE BIB TRANSFERS ARE NOT ALLOWED UNDER ANY CIRCUMSTANCES.**

Fee refunds will be made to the same credit card used to pay the registration fee.

### **Article 3. Race bib, gift bag and wristband**

#### **(3.1) Collection of race bib, chip and wristband**

Each participant must wear the race bib on the front of the body, on top of the clothing, and it must be clearly visible at all times.

**Race bibs are personal and non-transferable.** By default, race bibs (and gift bags) will only be given to participants who have registered for the event. Participants must show an IDENTITY CARD, PASSPORT or NIE (Foreign Identification Number) to prove their identity in order to collect their race bib. The identity document must be the same used for registration.

**RACE BIB TRANSFERS ARE NOT ALLOWED UNDER ANY CIRCUMSTANCES.**

After the identity check, the personnel handing out the race bib will put a control wristband on the wrist of the participant. The participant must wear this wristband during the entire event. Together with the race bib, the wristband entitles access to all services available for participants: start area, aid stations, transport for dropouts, medical services, drop bag transport and collection... etc.

**Not wearing the wristband during the event entails disqualification.**

**Race bibs and gift bags will be collected at Bagà's Sports Hall ONLY on the date and time announced at the event's program published on the official website [www.ultrapirineu.com](http://www.ultrapirineu.com).**

**It won't be possible to collect the race bib on the day of the event before the start.**

#### **RACE BIB COLLECTION BY A PROXY**

If the race bib owner cannot personally collect the race bib on the date and time provided in the program published on the official web of the event, he/she may authorize a different person to collect it on his/her behalf. This person (the proxy) must provide the following documentation in order to collect the race bib:

- Original signed document "Authorization for race bib collection by a third person". By this document the race bib owner authorizes the proxy to collect the race bib on his/her behalf at Bagà. This document must be downloaded from the web [www.ultrapirineu.com](http://www.ultrapirineu.com), printed and signed by both parties (the race bib owner and the person who will collect the race bib).
- "Disclaimer and certificate of physical fitness" document signed by the race bib owner (original signed document).
- Copy of the race bib owner's identity card, passport or NIE.
- Copy of the race bib owner's mountain federation card (unless he/she purchased the insurance available at pre-registration).
- Original IDENTITY CARD, PASSPORT or NIE of the person who collects the race bib.

**Note:** A special colour wristband will be provided for participants who don't collect their race bibs personally, to facilitate identification by the Organizers. In this case, the participant must carry his/her IDENTITY CARD, PASSPORT or NIE during the event, to prove identity if requested.

#### **(3.2) Race bib types and characteristics**

Race bibs provide the following information to runners and Organizers:

- **Race bib number:** each participant will get a race bib number, randomly assigned in all cases except for the first numbers (which correspond to last year ranking).
- **Name of participant:** race bibs may display the name of the participant.
- **Elevation profile:** the elevation profile of the course will be printed inverted at the bottom of each race bib, so the runner may easily check it.
- **The colour of your bib number:** participants will get the bib number colour (more information below).

- **On the back of the race bib:** The protocol in case of emergency will be printed on the back of the race bib, including the emergency telephone numbers. This side of the race bib will also have a blank space where the runner may write information relevant for the medical personnel in case of emergency or loss of conscience. This information may be the RH blood type, or any relevant medical condition suffered by the participant such as allergies, AIDS, epilepsy, diabetes, celiac disease, etc.

### **The colour of your bib number and start groups**

The race start will take place at 05:30h from the Plaça Porxada of Bagà, and **access to start area will close at 05:10h. It will not be possible to access the start area after that time.**

All runners will get an GREEN RACE BIB with a BIB NUMBER (RED OR BLACK) that will determine the position of the runner in the start groups.

The bib number colour of each runner will be published on the web [www.ultrapirineu.com](http://www.ultrapirineu.com) on August 30<sup>st</sup>. The bib number colours will be assigned according to the following criteria:

- **Red number bib / First start group (front) / ELITE level + POPULAR-PRO level / between 100 and 150 runners**
  - A maximum of 150 red number bibs will be assigned.
  - Runners having finished UP17 or UP18 within the cut off time that will be communicated on August 30<sup>st</sup>.
  - For runners who have NOT performed the UP17 or the UP18, it will be taken into account that their ITRA score is above the cut that the organization will communicate on September 5<sup>th</sup>.
- **Black number bib / Second start group (back) / POPULAR level / all the rest of runners**

**The bib number colour of each runner will be published on September 5th, and a formal complaint period will be open between September 5th and September 12th.**

During the complaint period, runners who consider that the organization has assigned a wrong bib number colour may request a colour change by sending an email to [registration@ultrapirineu.com](mailto:registration@ultrapirineu.com). The email should include the reasons why the runner believes he/she deserves a particular bib number colour and proofs to justify it.

**THE RACE BIBS WILL BE PRINTED FROM SEPTEMBER 13th, SO THE BIB NUMBER COLOUR WILL BE DEFINITIVE AFTER THIS DATE. NO REQUESTS OF RACE BIB COLOUR CHANGE WILL BE ADMITTED AFTER SEPTEMBER 13th.**

### **Article 4. Certificate of physical fitness**

The act of registering for the ULTRA PIRINEU® 2019 entails the acceptance of its regulations by all participants. It also implies that the participant has the adequate preparation and that he/she is aware of the hard geographical and weather conditions one may encounter throughout its course. The participant also declares that he/she is physically and psychologically prepared to perform an activity of the characteristics of the ULTRA PIRINEU® 2019 and that he/she has passed the medical tests relevant to his/her age and physical conditions.

Registered participants understand that they participate in the event voluntarily and under their own responsibility. Thus, they exempt the Organizer from any liability and will not press any charges or file any liability claims against the Organizer, its collaborators, sponsors or other participants.

To this end, when collecting their race bib in Bagà, participants must submit the document **“Disclaimer and certificate of physical fitness”** duly printed and signed. This document will be read and accepted during the pre-registration process, and each participant must print it, fill in and sign it.

A printable version of the document can be downloaded from the official website [www.ultrapirineu.com](http://www.ultrapirineu.com).

### **Article 5. Required and recommended technical gear**

Using the appropriate gear is essential to enjoy trainings and mountain endurance runs with maximal safety. When planning their gear, sky runners must consider all potential events that may happen unexpectedly in mountains, such as hypothermia due to slowing or stopping pace, overexertion, bad weather, fog, wind, low temperatures... etc.

There is a dedicated section on required technical gear in the official web of SALOMON ULTRA PIRINEU® 2019 exclusively aimed at explaining why some items are required and others recommended, as well as to clarify doubts about them.

**To run the race, all runners without exception must carry the items labeled as required from the list at the “required technical gear” section on the web [www.ultrapirineu.com](http://www.ultrapirineu.com). On Friday, October 4<sup>th</sup>, the Organization will inform if some of these items are finally NOT mandatory during a particular schedule and/or during the entire race. The decision will be taken according to the most recent weather forecast.**

Runners must either wear or carry the required material in their backpack.

**There will be general or random inspections of required clothing and equipment at any point throughout the course, from start to finish (both included). Not carrying a required item entails immediate disqualification.**

## **Article 6. Checkpoints, aid stations and assistance**

- Participants must follow the marked course without disobeying any signs and must stop at all checkpoints, located at aid stations.
- Besides the official checkpoints (announced on the web [www.ultrapirineu.com](http://www.ultrapirineu.com)), the Organization may set up “mobile” checkpoints to control pace or gear at any point of the course.
- Participants must respond to the requests and questions posed by a course steward, physician, nurse or aid station supervisor at checkpoints or at any other point throughout the race.
- **Tents and sport halls used as aid stations are restricted exclusively to the use of runners. No public or assistance crews may enter the aid stations.**
- Participants may use personal assistance only inside the ASSISTANCE AREAS, located within 50-100 meters around each aid station tent (except Gósol, see below). The limits of the ASSISTANCE AREA will be properly marked along the course, with a sign of start/end of ASSISTANCE AREA clearly limiting where the area starts and finishes.
- The GÓSOL ASSISTANCE AREA will be located in an area reserved to assistance crews inside the sports hall. Assistance crews may enter this area with the bracelet that will be provided to each runner when collecting their race bib. Assistance crews are not allowed inside the area reserved to runners.
- When collecting the race bib, each runner can request a maximum of 1 bracelet to allow the entry of his/her personal assistance into the ASSISTANCE AREA of GÓSOL. This person only will be able to access the ASSISTANCE AREA of GÓSOL once the organization has verified that his runner passed through the previous control (Prat d’Aguiló) and he remain 30 minutes to reach the Gosol control point according to the forecast of the LiveInfo APP. Once the runner leaves the ASSISTANCE AREA of GÓSOL the assistance will also have to leave immediately.
- The Organization may perform gear checks just before entering an ASSISTANCE AREA.
- Access by car to some aid stations may be blocked for safety reasons or poor state of the roads. The Organizers only guarantee access by car to those aid stations reachable by paved road, which will be duly indicated on the web of the event.
- **The assistance crew authorization does not grant access through closed roads. This authorization only enables its holder to enter into the ASSISTANCE AREA of GÓSOL.**
- Each aid station has a designated closing or cut-off time. Participants must reach all aid stations before their closing time to be able to continue in the race. The closing times will be published on the website [www.ultrapirineu.com](http://www.ultrapirineu.com).
- Aid stations will be supplied with liquids and solid food, which will vary according to the location on the course. The items available in each aid station may be checked at the web.
- Food and drinks must be ingested at the aid station, in sufficient amount to meet the energy requirements to reach the next aid station. Water can be loaded in the containers or hydration packs carried by the participants.
- Having a race bib and a wristband is required to get access to the aid stations.
- An area with warm food, medical assistance, massages, etc... will be enabled in Bagà for all participants.
- All runners (with the wristband) will have access to the resting area and showers set up at Bagà’s High School, but should bring their own gear (soap, sleeping bag, mat...).



## Article 7. Drop bag transport and cloakroom service

### (7.1) Drop bag transport to Bellver or Gósol

A 7L bag will be provided to all participants together with their race bib, so that they can place in it the gear they may need at Gósol (km58).

**The drop bag must be filled up and delivered to the staff during the race bib collection time. NO DROP BAGS WILL BE ACCEPTED ON THE DAY OF THE RACE BEFORE THE START.**

The bag will be transported by the Organization to the aid station chosen by the runner, and will be available so that runners can pick up the gear they require and deposit what they do not longer need upon arrival at the aid station. After using it, the bag must be closed without anything protruding to be returned to Bagà.

**Important: Runners wishing to drop out of the race should take into account the following timings for drop bag collection without delays:**

- **Drop bags of Gósol (Sports Hall)**
  - From 13:00h drop bags will be delivered near the finish area in Bagà (Casal de la Vila).
  - Used bags may not be transported immediately after the runner has used them. Bags will be gradually transported to Bagà according to the capacity of transport vehicles. Therefore, runners who decide to drop out after Gósol may arrive in Bagà before their bag, so they may need to wait 2-3 hours until the arrival of their bag in the next available transport.

**The Organizer will never check the contents of the bags or whether they are properly closed. Therefore, the Organizer will not respond to any complaints about loss or damage of bags or their contents.**

**It is recommended to not leave valuables or fragile material in the drop bags. Runners should ensure the bag remains closed during transport by reinforcing its closing (for example with a string or bridle).**

### (7.2) Cloakroom service in Bagà

A permanent cloakroom service will be available so that participants may leave there the gear that they wish to have on their arrival in Bagà (such as keys, towel, soap, mat, sleeping bag... etc). They may leave these items inside a bag or backpack not bigger than 20L.

Participants may leave their cloakroom bag (do not mistake with the dropbag) at Bagà's Sports Hall during race bib collection, or on the day of the event before the start (between 04:30h and 05:10h), at the "Casal de la Vila" (Rabal square, close to the finish area).

**The Organizer will not check the contents of the bags or whether they are properly closed. Therefore, the Organizer will not respond to any complaints about damage of bags or their contents, or for any loss of contents. It is recommended to not leave valuables or fragile material in the bags. Runners should ensure the bag remains closed at all times by reinforcing its closing (for example with a string or bridle).**

**LOST AND FORGOTTEN BAGS:** Both the drop bag and the cloakroom bag must be claimed by the runner no later than 19:00h on October 6<sup>th</sup> at Casal de la Vila of Bagà. Otherwise, they may be collected during the following 15 days at Bagà's City Hall. Any bags remaining after this term will be disposed of.

**The Organization will be responsible for any lost drop bags, and will return the lost contents or their value to the runner, up to a maximal amount of 200€. It is recommended that the gear stored in the bags does not exceed this value.**

## Article 8. Safety and medical assistance

There will be several medical and safety teams coordinated with the national 112 emergency services by the central direction of the ULTRA PIRINEU® 2019, located in Bagà.

By default, these teams will be distributed among the different aid stations so runners may ask for assistance or help in case of need.

There will be mandatory medical examinations at some points along the course, which may be random or general.

Refusal by the runner to cooperate fully or being disrespectful with the medical personnel may result in immediate disqualification.

All participants will accept the medical decisions of the physicians and medical team, whose decision will prevail over all others. The physicians and caregivers may:

- Remove from the event any runner that they consider incapable of continuing, by invalidating their race bib number.
- Order the evacuation of any participant that they consider being in danger.
- If necessary, order the hospitalization of a runner.

**The race director will never question the judgment or decisions taken by the medical team. The Organization will not be liable for any consequence derived of the disobedience of the orders of the medical team by a runner.**

### EMERGENCIES ALONG THE COURSE

All runners have the obligation to provide assistance to other participants in need, according to their own capacities and knowledge. Not doing so implies committing a serious punishable offence of “non-assistance to a person in need”.

In the event that the runner or a running mate cannot reach the next aid station due to a medical emergency or any other kind of emergency, the following instructions must be followed (also printed on the back of the race bib):

- **If there is mobile network:** Dial the telephone number appearing on the back of the race bib, describe the situation and follow the instructions.
- **If there is NO mobile network:** Dial 112 and inform as follows:
  - You participate in the ULTRA PIRINEU® 2019.
  - Your location (approximate).
  - Problem or medical emergency affecting you or your running mate.
  - Name and race bib number of the person affected (your own or that of your mate if you are assisting him/her)

It is important to consider that most of the course of the ULTRA PIRINEU® 2018 goes through remote areas only accessible by foot. This implies that the medical/rescue teams might take a long time, even hours, to bring aid or rescue in case of need. Therefore, the following instructions must be followed:

- Move to a point where there is mobile network, so you can be in permanent contact with the race director. Do so ONLY IF IT IS POSSIBLE and NEVER LEAVING THE MARKED TRAIL.
- Be accurate when describing the situation: different types of resources will be mobilized based on the information you provide when requesting assistance, so it is important that this information is as accurate as possible.
- Do NOT leave the marked trail; otherwise it would be very difficult to locate you.
- When planning your gear, you should prepare yourself for situations of very slow pace or even of long wait in adverse weather conditions.
- Always inform about any change occurring between the moment of the phone call and your location by aid teams.

### Article 9. Drop out and evacuation

Participants may only drop out at aid stations, unless the runner is injured or hurt.

Any runner who wishes to drop out must personally notify his/her decision to withdraw to the aid station supervisor (identified by a fluorescent vest), who will identify the runner and invalidate his/her race bib number.

Concerning the evacuation, the following points must be considered:

- Runners may drop out in any aid station, but only some of them will have vehicles available to evacuate runners who decide to drop out. These aid stations are indicated as **drop out points with transport**.
- The location of these **drop out points with transport** may be checked at the course map on the official web [www.ultrapirineu.com](http://www.ultrapirineu.com)
- In any case, the runner wishing to drop out must inform the aid station supervisor (identified by a fluorescent vest). The supervisor will identify the runner as dropout and indicate him/her where to wait for the next

transport to Bagà (in case of **drop out points with transport**), or how to get to the closest **drop out point with transport**.

- Even if the dropout opts to get back to Bagà by own means (i.e. pick up by friends), he/she must inform about his/her intention to drop out. Otherwise the Organizers will consider the runner missing and activate the rescue alarm.
- If a runner decides to withdraw after a **drop out point with transport**, he/she must return to the point and notify the supervisor.
- If the runner cannot reach the next **drop out point with transport** by his/her own means, he/she can wait at the aid station until its closing time, and get back to Bagà with the transport available for the personnel of the aid station.
- If the race is completely or partially stopped due to bad weather conditions, the Organizer undertakes to evacuate all participants as soon as possible.

### **ASSESS YOUR STRENGTH**

When leaving an aid station, you must properly assess your strength and be aware of the distance to the next **drop out point with transport**. Do not attempt to continue if you are not sure of being able to get there.

Participants who bring their own personal assistance must keep in mind that the access to some aid stations may be closed due to bad weather or safety reasons. Updated information will be available on the web, Twitter and Facebook.

### **ACCIDENT INSURANCE**

In the event that the Organizer considers that a runner requires external emergency evacuation by ground or helicopter, the insurance of the runner will assume all financial obligations connected with this service. This insurance may be linked to Segurartic@-Catalana Occidente, or the official mountaineering federation card (FEEC or autonomic equivalent enabled by FEDME, ISF or UIAA, A.E.TRAIL, RFEA o ITRA) declared by the runner when registering; or the insurance purchased by the runner upon registration (in this case all procedures will be carried out by the Organizers).

**The Organizer is not responsible for any debts incurred due to the accident, for example in the event that the runner declared having a license that is not valid or inexistent.**

## **Article 10. Modifications to the course, cut-off times or cancellation of the event**

In case of bad weather or force majeure, the Organizer has the right to suspend, neutralize or change the cut-off times and/or the course of the event.

### **(10.1) Modification to the course/cut-off times and neutralization/suspension**

During the week prior to the event, the Organizer may inform about potential changes affecting the course based on the weather forecasts. The final decision, however, will be announced during the pre-run briefing on Friday at the latest (check place and time on the program).

The Organizer may delay the start or neutralize or suspend the event if weather conditions on the day of the event are considered to put the runners in danger (such as electric storm, lack of visibility, abundant snow or ice, etc.).

If conditions do not improve after few hours, the ULTRA PIRINEU® 2019 may be definitely suspended.

### **(10.2) Cancellation before the date of the event**

If the event is cancelled due to force majeure more than 7 days before the start date, the registration fees will be partially refunded. The amount refunded will depend on the date of the suspension and the amount that the Organizer has already spent on non-refundable costs.

If the event is cancelled for reasons beyond the Organizer's control within 7 days before the start of the ULTRA PIRINEU® 2019, or if the event is suspended after having started, no registration fees will be reimbursed.

## **Article 11. Penalties and complaints**

In order to implement the rules and regulations that govern this event, the following persons will be authorized to apply penalties: course stewards, physicians, checkpoint supervisors and aid station supervisors.

The penalties, set out in the table below, will be applied immediately and at the same place where the offence is detected. Time penalties will be applied in the presence of the authorized person.

Failing to comply the penalty implies committing an offence of “disobeying the orders of the course stewards, aid station supervisors, physicians or nurses”, penalized with disqualification.

### (11.1) Table of penalties

<b>TYPE OF OFFENCE (High to low seriousness)</b>	<b>PENALTY</b>
Failure to give assistance to a person in need	Disqualification and ban from entering any future editions of the event
Dropping out without immediately notifying the Organizer	Disqualification and ban from entering any future editions of the event
Transferring the race bib or chip to another person to run in place of the registered runner during part or the totality of the event; and/or providing false information to the Organizers.	Disqualification and ban from entering any future edition of the event (to the race bib owner)
Unsporting behavior towards other athletes or the Organizers	Disqualification
Disobeying the orders of the course stewards, aid station supervisors, physicians/nurses, or not permit an antidoping control and/or record a positive result.	Disqualification
Not having the mandatory equipment or refusal to cooperate during an inspection of equipment	Disqualification
Refusal to undergo a medical examination	Disqualification
Skipping a checkpoint	Disqualification
Littering or any behavior that may harm the natural environment	Disqualification
Not following the race course, shortening its distance	1 hour: 1st warning Disqualification: 2nd warning
Receiving personal assistance outside the area of 100m around aid stations.	15 minutes: 1st warning Disqualification: 2nd warning
Run for 100m or more accompanied by someone without a race bib who displays a clear intention to help the runner, outside the area of 100m around aid stations.	15 minutes: 1st warning Disqualification: 2nd warning
Not following the race course, although NOT shortening its distance or even increasing it	Penalty will be determined in a case by case basis

### (11.2) Complaints

#### **Complaints before the closing time of ULTRA PIRINEU® 2019:**

Runners may file complaints while the ULTRA PIRINEU® 2019 is taking place. Complaints should be submitted in writing by filling a form available at the Casal de la Vila in Bagà. A 50€ deposit (in cash) must be paid to file a complaint. This deposit will be refunded if the complaint is accepted and resolved in favor of the runner.

Complaints may be filed until the closing time of ULTRA PIRINEU® 2019. Their resolution may affect the provisional ranking and awarded runners.

All complaints will be studied and resolved by the **jury of the competition**, composed by:

- **The race director**
- **The sports director**
- **The chrono manager (if needed)**
- **A runner randomly chosen and accepted by the parties**

No appeal may be filed against a resolution taken by the **jury of the competition**.

These complaints will be resolved as soon as possible, within a maximum period of 7 days.

If the resolution favors the runner, the 50€ deposit will be refunded and the penalty time will be deducted if appropriate, correcting the runner’s position in the final ranking.

### Complaints after the ULTRA PIRINEU® 2019:

No complaints will be accepted in situ after the closing time of the ULTRA PIRINEU® 2019. Any complaint after that time may be filed by email to [info@ultrapirineu.com](mailto:info@ultrapirineu.com). Complaints will be accepted during a period of 15 days after the celebration of the ULTRA PIRINEU® 2019.

To file a complaint, the email should include the following information about the affected runner:

- Name and surname.
- ID number.
- Club membership (if that's the case).
- Address.
- Race bib number
- Telephone number.
- Exposition of the facts.
- Request of the affected runner.
- Attached: any proof to support the complaint may be included here.

**Resolution of the complaints will be issued within 7 days after receiving the email.**

**NOTE: The email [info@ultrapirineu.com](mailto:info@ultrapirineu.com) will only accept complaints from affected runners. No comments, reports or any other types of complaints will be accepted from persons not participating in the event.**

## Article 12. Categories and prizes

### (12.1) Categories (male and female)

- General
- Senior (18 to 39 years reached during the reference year)
- Veteran (40 to 49 years reached during the reference year)
- Master (50 or more years reached during the reference year)

**NOTE: In all categories the age that is considered is the age the runner will have on 31 December of the reference year.**

### (12.2) Prizes and trophies

The top three finishers of each category will receive a trophy.

Additionally, the top three finishers of the general ranking will receive a trophy, accompanied by a cash prize are detailed below:

Ranking General Male	Prize (€)	Ranking General Female	Prize (€)
1º	1.500 €	1ª	1.500 €
2º	1.000 €	2ª	1.000 €
3º	500 €	3ª	500 €

### NOTE

- All cash prizes will be subject to withholding tax
- Lack of attendance to the awards ceremony entails renouncing to the corresponding trophy and cash prize.

## Article 13. Lost and forgotten objects

Lost and forgotten objects will be kept for 15 days after the race ends. The place and schedule for their recovery will be indicated on the web.

After the 15 days term, any requests from their owners will not be responded to.

## Article 14. Image rights

Image rights are recognized in Article 18.1 of the Spanish Constitution and regulated by Law 5/1982, of May 5th on the right to one's honor, personal and familiar privacy and to one's image; and also by the provisions of Organic Law 15/1999 of December 13<sup>th</sup> on Personal Data Protection.

Accepting the present regulations mandatorily involves that the participant authorizes Pangea Attitude SL and authorized entities to take photographs and filming their participation in SALOMON ULTRA PIRINEU® 2019. In addition, the participant consents the publication, commercial and advertising exploitation of the images taken during SALOMON ULTRA PIRINEU® 2019 -including those images in which the participant is clearly identifiable- without any right of economical compensation for the participant. Images will not be used for any other purposes than those stated before.

Participants may exercise their rights to access, rectify, cancel or oppose their personal data in accordance with the Organic Law 15/1999 December 13th by sending an email to the address [info@ultrapirineu.com](mailto:info@ultrapirineu.com).

Pangea Attitude owns all image rights of the event in exclusive. Any media or advertising projects using the image of SALOMON ULTRA PIRINEU® 2019 must be authorized by Pangea Attitude.

### **Article 15. Modifications to Regulations**

Registration for the event implies understanding and accepting the rules and regulations.

The content of this regulation will be amended if is detected any error that could generate confusion to the participants.

Participants will be duly informed of any relevant modification to the regulations through the web.

This is **Version 1** of regulations of the **ULTRA PIRINEU® 2019**.